

THE northern



Construction Updates

Sacramento VA Medical Center:

OEF/OIF building:
Planned activation
November, 2013
on schedule

Consolidated Outpatient Surgical Specialty:
Planned activation
February, 2014

Behavioral Health:
Planned activation
February, 2014

Parking Structure:
Planned activation
November, 2013

*Note: patient parking is available at the back of building 650

 **Veterans
Crisis Line**
1-800-273-8255 PRESS 1



Patient Aligned Care Team (PACT)

"I love volunteering here because I get to meet a hero every day", says Sandra Mullett. She and her mother, Jacquie Lucido feel honored to be the Patient Aligned Care Team (PACT) concierges at Sacramento VA Medical Center's Primary Care Clinic. Sandra especially loves to see the camaraderie of the Veterans, and feels honored to see the compassionate relationships that build between Veterans and their PACT teams.

PACT was implemented in the VA Northern California Health Care System in 2011. This innovative program puts our Veterans at the center of their own team of care providers—a primary care provider, nurse care manager, physicians, pharmacist, social worker, dietician, clinical associates, and an administrative clerk, as well as family members and caregivers, in order to create a unified collaboration of care. Sandra says that she hears praise from Veterans about PACT,

"They love it! And they especially like having a team of people working together with them to meet their needs." Each Veteran meets regularly with team members and works with them to plan for life-long health and wellness. The care team considers all aspects of our Veterans' health, takes collective responsibility for the quality of care; and, oversees and coordinates specialty care when needed. Sandra notes that she has seen just about every doctor in the hospital come through Primary Care to meet with Veterans and their care teams.

Through the PACT program, the VA is changing the way we provide healthcare by making it more cohesive and manageable for our Veterans. The goal is to empower our Veterans to get the services they deserve – in order to stay healthy. And through Sandra's and Jacquie's good humor and desire to help, our Veterans are smiling all the way to their doctor's office.



VA Northern California Health Care System welcomes Mr. David Stockwell, our new Director, who was appointed on October 20th, 2013.



U.S. Congressman Mike Thompson (center) with two combat Veterans on his recent visit to the Polytrauma/TBI center at the Martinez Outpatient Clinic

Join us for the 8th annual Veterans Day Ceremony

Monday, November 11, 2013
Memorial Plaza

9:30am Pre-Program
10am Commemoration Program

It is officially flu season!

Protect yourself by getting vaccinated.

2013-2014 flu shot clinic schedules

Sacramento/Mather - bldg 650 lobby
Thurs, 1 – 3pm

Mon/Tues/Wed/Fri, 9am – Noon & 1 – 3pm

*Flu clinic will move to Primary Care in late November

McClellan Clinic - Primary Care
Mon-Fri, 9 – 11am & 1 – 3pm

Redding Clinic

Tues–Thurs, 8:30 – 11am & 2 – 4pm
And by Appointment

Yuba City Clinic - Primary Care
Mon/Tues/Thurs/Fri, 1 – 3pm

Chico Clinic

Mon – Thurs, 3:30 - 4pm
Fridays, walk-in anytime

Fairfield Clinic - Primary Care
Mon-Fri, 9am – 12noon & 1:30 – 4pm

Mare Island Clinic - Primary Care
Mon-Fri, 9am – 12noon & 1:30 - 4pm

Martinez Clinic - Primary Care
Mon-Fri, 8:30 – 11:30am & 1 – 4pm

Oakland Clinic - Primary Care
Mon-Fri, 9 – 11:30am, 1- 3:30pm

Polytrauma

U.S. Congressman Mike Thompson, representative for California's 5th Congressional District, recently visited the VA Northern California Health Care System's Center for Integrated Brain Health and Wellness at the Martinez campus. The purpose of the visit was to gather information about the Polytrauma/TBI program and other resources that OEF/OIF/OND combat Veterans have available to them. Veterans often contact their area elected officials asking about how to access resources, and Congressman Thompson's visit was a great opportunity for the VA to get the information out into the community.

The VA Polytrauma System of Care provides comprehensive, high-quality, and inter-disciplinary care to patients. Teams of physicians and clinicians from every relevant field, including Psychiatry, Neurology, Neuropsychology, Social Work and Vision Rehabilitation, plan and administer an individually tailored rehabilitation strategy to help the patient recover. In addition to the Polytrauma/TBI program, the adjacent Community Living Center (CLC) in Martinez has an Inpatient Cognitive-Functional Reintegration Program, a resource for specialty evaluation and inpatient treatment.

For more information, please visit <http://www.polytrauma.va.gov/> or call Katherine Miller, Lead Polytrauma Social Worker, at 925-372-2917.

Outreach Events Calendar

Nov. 7th 10-3pm

Veteran's Job and Resource Fair
McClellan Conference Center

For information call Jason Conley or John Plane at 916-227-0301

10-1pm

Self-care day for women Veterans
Sacramento VA Medical Center – Trailer 2 Conference Room
For information call Rebecca Stallworth at 916-366-5453

11-30m

VA Rural Health Mobile Outreach Clinic Team
At American Legion Post 108 Hall
For information call Kimmie Ezeike at 916-869-1908

Events are updated frequently

For the latest schedule, please visit the Outreach Calendar at <http://vaww.visn21.portal.va.gov/norcal/rh>

WOMEN VETS HOTLINE
1-855-VA-WOMEN

